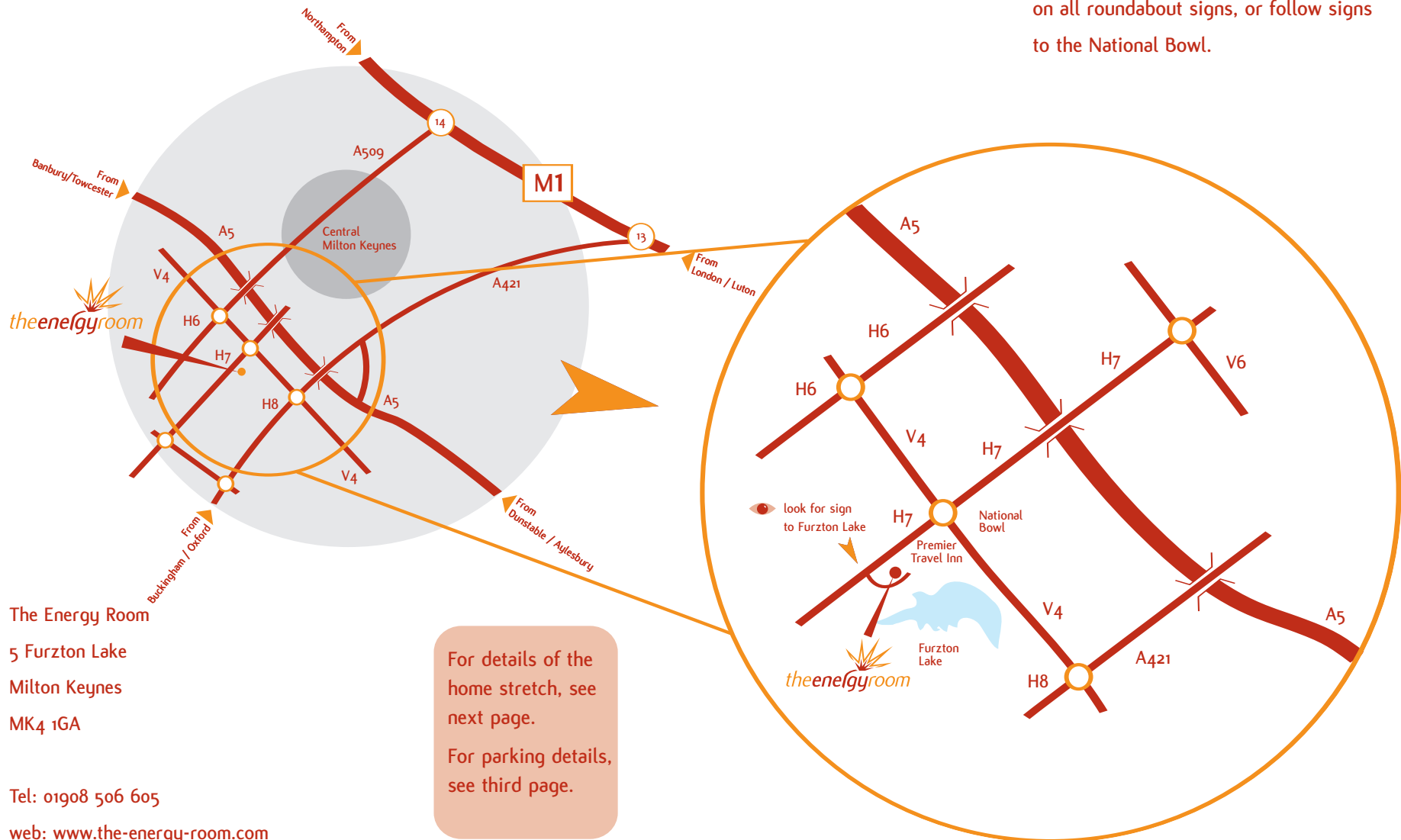
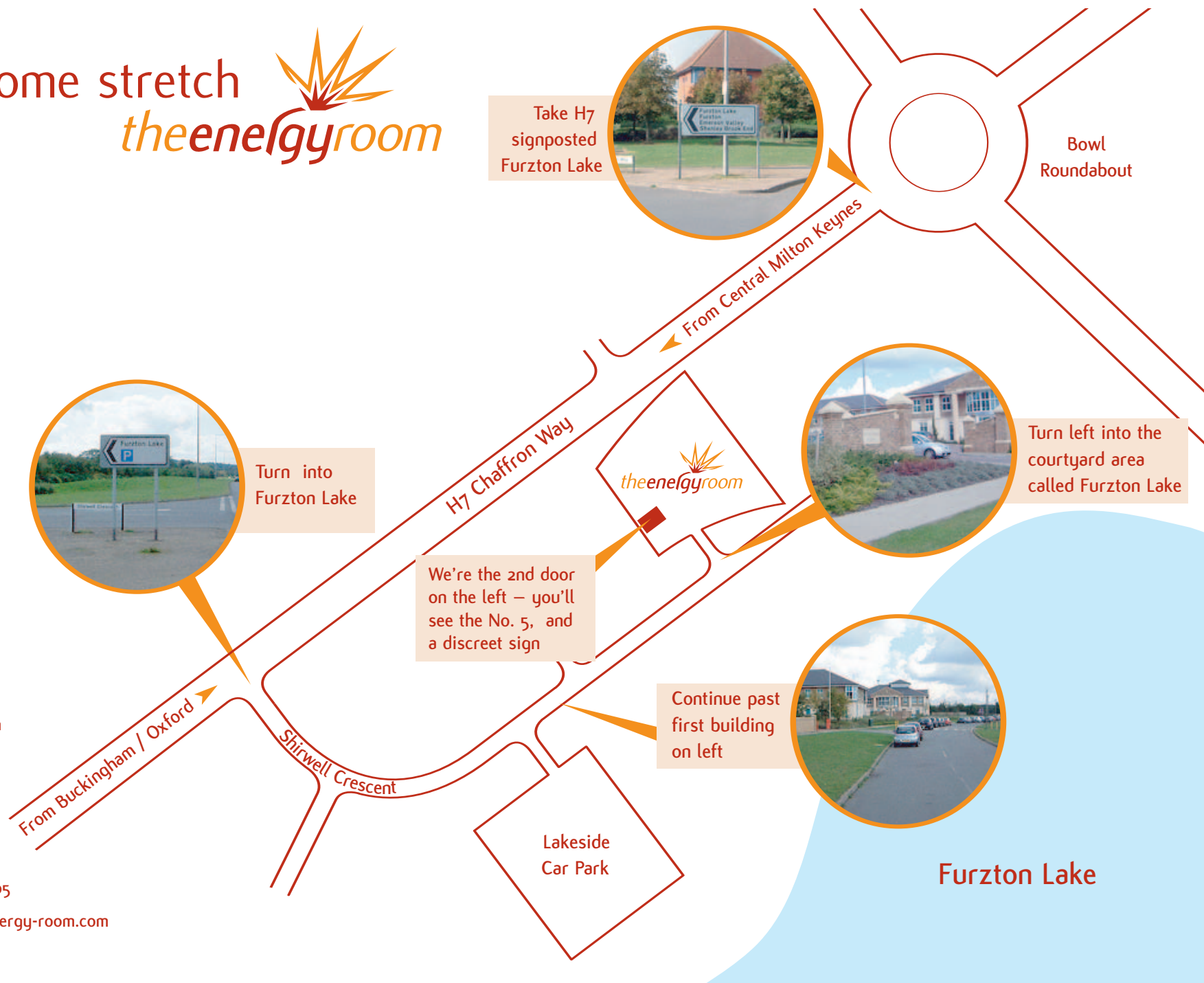


# How to reach *theenergyroom*

The Energy Room is situated at Furzton Lake, Milton Keynes. Head for the junction of H7 and V4, using the grid system shown on all roundabout signs, or follow signs to the National Bowl.



# The home stretch *theenergyroom*



Take H7 signposted Furzton Lake



Bowl Roundabout



Turn into Furzton Lake

We're the 2nd door on the left - you'll see the No. 5, and a discreet sign



Turn left into the courtyard area called Furzton Lake

Continue past first building on left



The Energy Room  
5 Furzton Lake  
Milton Keynes  
MK4 1GA

Tel: 01908 506 605  
web: [www.the-energy-room.com](http://www.the-energy-room.com)

Furzton Lake

# Parking information



## *theenergyroom*

Parking is free and easy at The Energy Room. There are three options:

1

Use one of our designated spaces – labelled 'The Energy Room'.

Please do not park anywhere else in the courtyard – you may be asked to move your car.



2

Use the road outside the courtyard area.

There are no restrictions.



3

Use the attractive lakeside car park just 50m away.



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